

SPEAKING THE UNSPOKEN  
Saved to Send to Others when Warranted  
Charles (Chuck) Maack – Prostate Cancer Continuing  
Patient/Advocate/Activist/Mentor

The following was sent by email on July 17, 2017 to all those sources, physician and patient, for whom I had email contact. I see it worthy to keep for future availability to send to newer patients as well as newer found physicians as they become known to me.

I would hope that all physicians and patients to whom I am forwarding the below would recognize the importance of what has been put forth by Craig Hildreth, M.D. and the responses then rendered by several patients and caregivers. Open and considerate dialogue between physician and patient is so important. Dr. Hildreth brings to mind how difficult some things that likely should be spoken remain unspoken. Yet he addresses that sometime in continuing treatment with his patient he should become more open with the patient, as well as the patient more open with him. A very good read.

SPEAKING THE UNSPOKEN

<http://www.cancernetwork.com/blog/speaking-unspoken>

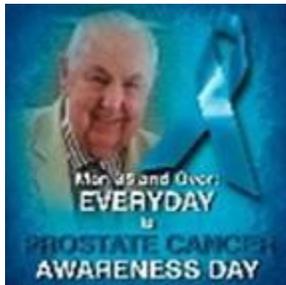
**DISCLAIMER:** Please recognize that I am not a Medical Doctor. Rather, as a **m**edical **d**etective, I have been an avid student researching and studying prostate cancer as a survivor and continuing patient since 1992. I have dedicated my retirement years to continued research and study in order to serve as an advocate for prostate cancer awareness, and, from an activist patient's viewpoint, to voluntarily help patients, caregivers, and others interested develop an understanding of prostate cancer, its treatment options, and the treatment of the side effects that often accompany treatment. There is absolutely no charge for my mentoring – I provide this free service as one who has been there and hoping to make your journey one with better understanding and knowledge than was available to me when I was diagnosed so many years ago. **IMPORTANTLY**, readers of this paper must understand that the comments or recommendations I make are not intended to be the procedure to blindly follow; rather, they are to be reviewed as my opinion, then used for further personal research, study, and subsequent discussion with the medical professional/physician providing your prostate cancer care.

**Always as close as the other end of your computer to help address any prostate cancer concerns.**

"What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."

“Sepius Exertus, Semper Paratus, Semper Fortis, Semper Fidelis, Fraters Infinitas”

“Often tested, Always Prepared, Always Courageous, Always Faithful, Brothers Forever”



Charles (Chuck) Maack - Prostate Cancer

Patient/Activist/Reduced Activity as Mentor (Because of age related health issues, had to limit what had been worldwide daily mentoring)

(A mentor should be someone who offers courtesy, professionalism, respect, wisdom, knowledge, and support to help you achieve your goals; would that I succeed)

Recipient 2008 Us TOO Intl., Inc., Prostate Education & Support Network  
1<sup>st</sup> “Edward C. Kaps Hope Award”

Recipient 2012 Prostate Cancer Research Institute (PCRI) “Harry Pinchot Award”

Recipient 2016 Us TOO Intl., Inc. Certificate for 20 Years Dedication/Inspiration

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